

## CATHOLIC DAUGHTERS OF THE AMERICAS Court Santa Sophia #2520 Spring Valley, Galifornia

#### Melissa Hiatt, Regent (619)252-7198

#### **SUMMER 2010**

Pam Kay, Editor



## REGENT'S LETTER

For many of us, Summer is a time of transition. We attend graduations, children are promoted to a new grade level, and we break from "everyday life" with vacations. This year, local

CDA courts transition, too, as they welcome new officers.

I'd like to personally thank the incoming officers for accepting the call to serve and lead our Court and also to the outgoing officers for their service for the past two years. Officers spend countless hours balancing the ledger, recording meetings, communicating to members, coordinating the payment of dues, and making sure that we fulfill our obligations to CDA State and CDA National—all while doing everything "by the book." Our past officers have led us well.

I am truly blessed and honored to serve as your Regent for 2010-2012. The key word is "serve"—I'm here to listen to your thoughts and of how you'd like to see our Court grow. Some members have voiced their desire to do more community outreach. Some would like to focus on spirituality. I'm open to your ideas and I'm looking forward to working with you to make CDA an organization that you can be proud of.

As you make your own transition this Summer, take time to reflect on what it means to be part of CDA. To help you, I will leave you with an excerpt from Pope John Paul II's letter to women:

It is thus my hope, dear sisters, that you will reflect carefully on what it means to speak of the "genius of women", not only in order to be able to see in this phrase a specific part of God's plan which needs to be accepted and appreciated, but also in order to let this genius be more fully expressed in the life of society as a whole, as well as in the life of the Church.

> Have a safe and enjoyable Summer! Melissa Hiatt

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## Welcoming God's New "Active Angels"



Rosemary Dobbs (far left), Regent, from Court Our Lady of the Holy Spirit with long-standing and new members

ON APRIL 21, three San Diego courts participated in the CDA's New Member Reception. Court Santa Sophia hosted the event, under the coordination of Pam Kay and her team of helpers.

To start the evening, Fr. Peter McGuine led us in celebration with a special mass. During the mass, our District Deputies led new members with their pledge and explained the robes of the officers. Court Santa Sophia's members served as the sacristan, lector, eucharistic ministers and instrumentalist.

A wine reception followed immediately after the mass. Delicious sandwiches and various appetizers were provided by our members. CDA members and their families were able to socialize with friends and new faces.

Thank you to all who have helped with this event! Your contributions helped to welcome our new members in a special way!

### Honoring Fathers with a Special Brunch



FATHER'S DAY – Since 2006, it has been Court Santa Sophia's tradition to honor fathers on Father's Day with a special brunch. This year, under the coordination of Maria Elena Grimm, the CDA served a delicious brunch of scrambled eggs with vegetables, potatoes with chorizo, beans, tortillas, fresh fruit and Mimosas. Every father received a free brunch and a special hand-decorated sugar cookie. Prendergast Hall was transformed by Linda Lopez, who decorated tables with fresh flowers, balloons and blue and brown table covers with a darling polka-dot overlay. We served 106 meals total which included 47 free meals. Our gross income was \$359. Dads usually take a back-seat when it comes to being celebrated. Our intention was not to have a huge fundraiser but a gesture of appreciation to all the men who supported us as husbands and fathers.

"You ladies really know how to cook!" "Wow, this is really nice." "Can I have seconds?" were among many of the gracious comments expressed by brunch-goers. If it is true that a way to a man's heart is through his stomach, we surely accomplished it!



#### Did You Know...

...that you can find our court's upcoming events and the latest project reports on our website, www.catholicdaughters.com? Our website has been redesigned in 2009 and according to our analytics, has been visited by over 1,100 guests from the U.S. and countries as far as Russia in the past month alone! Check it out!



## **Money-wise: Golden Share Foods**

Grocery bills can add up - especially for those of us who are watching our wallets and are partial to

choosing nutritious food for ourselves and our families. Golden Share Foods is a program that helps families save up to 50% on their grocery bills.

Golden Share buys items commonly purchased at grocery stores in extremely large quantities to distribute at a discounted rate. Distribution sites are generally held at churches, schools, community centers, and senior centers.

A sample of the \$27 basic package includes 3 lbs. chicken breasts, 3 lbs. all-natural turkey burgers, 1 lb. chicken stir fry meat, 1 lb. beef stir fry meat, 1 lb. ground beef, 1 bag fresh potatoes, 1 bag fresh onions, 1 lb. fresh carrots, 2 fresh bell peppers, 1 head of fresh lettuce, 2 fresh large tomatoes.

Visit www.goldensharefoods.com for more information or to order packages.

## Getting Rid of "Junk from Your Trunk!"



MAY 1, 2010 – It was a cool morning when Melissa Hiatt, Dee Sanford and Claire Lake arrived to set up an empty parking lot next to the Cathechetical Ministry Building at Santa Sophia. Little did they know that things would heat up—not just temperature-wise, but with a steady crowd and a lot of wheelin' and dealin'!

The stars were aligned for Court Santa Sophia's firstever "Junk From Your Trunk" Sale. Prior to the event, sixteen vendors reserved a parking space through an online sign-up form. With permission from the church and the CDA, an e-waste collection at the main parking lot was also scheduled to co-incide with our event. Flyers for the e-waste event that mentioned our rummage sale were distributed throughout the Spring Valley community. Our sale was also advertised on Craigslist, the Reader and in church flyers.

The CMO parking lot was bustling with not only people who came specifically for the sale, but from people dropping off their e-waste and those who came to participate the soccer game at the adjacent soccer field.

Court Santa Sophia set up a tent to sell drinks, chips and baked treats and sold rummage sale items donated by a few of our members. The help from Catholic Daughters was very much appreciated and it was a great fundraiser that was fairly easy to manage!

Vendors commented that they would like to see us do this event more than once a year—and we couldn't agree more! Our proceeds were \$497.30, which will go towards the expenses to send an additional delegate to the National Convention.

## NATIONAL NEWS



# Catholic Daughters of the Americas 53rd Biennial National Convention

THE CDA 53RD BIENNIAL CONVENTION will be held on July 14-18, 2010 in Buffalo, NY. The theme for the convention is: "For in Him, we live and move and have our being." — Acts 17:28.

Workshops will be held with the topics of spirituality, state procedures, leadership, legislation, local procedures, membership/CDA/youth, and Project Handclasp. Delegates will also have the opportunity to meet the candidates running for National Office in 2012.

The convention is a time of celebration and great way to meet other Catholic Daughters throughout the country. It is also an opportunity to explore CDA program opportunities and re-dedicate ourselves to the Mission Statement of the Catholic Daughters.

## STATE NEWS

## New Court in Corona, Madonna Manor Fundraiser

A new court in the San Bernadino Diocese has been established. This news comes with great joy in light of the recent disbandments of three courts in California. A ceremony will be held on July 31, 2010 at St. Mary Magdalene Church in Corona, CA.

The Madonna Manor will be holding it's annual fundraiser on October 9, 2010. Funds are especially needed to replace the roof that is original to the building. You can support this project by purchasing a \$10 opportunity drawing ticket for your chance to win a cash prize of \$500, \$1000, or \$3000.

# MEMBER SPOTLIGHT



Pam Kay is celebrating her 26th year as member of the Catholic Daughters of the Americas. In 1984, she became a member of Court St. Anne #1840 in Medford, Minnesota. When she moved to California in 1997, she made an attempt to locate a court to transfer into, but found it was easier to remain a member of her Minnesota court. She

kept contact through the newsletter and an annual note sent with dues.

Pam attended several CDA meetings with her cousin in Beverly Hills, CA. There, she realized what she missed from attending local Court meetings—the benefits of camaraderie, praying the rosary with other Catholic women, participating in worthwhile programs, and socializing with a broad range of personalities. Pam was asked to be Regent of Court St. Cecilia #1352 but declined the position due to the 120-mile (one way) commute.

In 2002, Pam had a mission to start a local court here at Santa Sophia. Court Santa Sophia was instituted on October 11, 2003. Since then the CDA has grown to be one of the most active organizations in the Parish.

Pam is a published fiber artist, teaches quilting, basket weaving and various crafts. She is a recent graduate of SDSU where she earned her B.A. degree in History.

## **UPCOMING EVENTS**

#### JULY

7/4, 7/11, 7/18, 7/25 Serve Coffee and Donuts

7/14-7/18 CDA National Convention, Buffalo, NY

> 7/22 Summer Break (No Meeting)

**7/24** KC 4th Degree Installation Breakfast

### AUGUST

**8/7** Workshops for Officers and Members

> 8/26 General Meeting

SEPTEMBER 9/23 General Meeting



**Catholic Daughters of the Americas Court Santa Sophia #2520** 9800 San Juan Street Spring Valley, CA 91977

## **Mission Statement**

Catholic Daughters of the Americas strives to embrace the principal of faith through love in the promotion of justice, equality and the advancement of human rights and human dignity for all.