



# Sisters in SERVICE

JULY/AUGUST 2012

COURT SANTA SOPHIA #2520 · SPRING VALLEY, CALIFORNIA

## IN THIS ISSUE

- Catholic Daughters' Service to El Nido
- Fathers "Tie" a Family Together
- Installation of Officers
- Junk from Your Trunk Sale
- Mystery Quilt Workshop

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## Catholic Daughters' Service to El Nido

*By Diana Garra*

El Nido is an interfaith program for homeless and battered women with children. Furnished housing, safe shelter programs and financial education are offered, free of charge.

On May 1st, El Nido held a Beauty Night in which these women were given hair, nail and make-up treatments accompanied by a photo shoot. On June 28th, most of these women graduated from an inclusive program to help them become healthy and independent women.

Court Santa Sophia hosted a wonderful dinner for both of these events. We provided and served casseroles, salads, dessert, rolls, and drinks to these deserving women. The testimonies of



*Chris Murphy, Cora McNamee-Lawson, Diana Garra, and Carolyn Palm serve food donated by Ct. Santa Sophia members.*

the journeys of each of these courageous women made for an incredible memory. We were so humbled by their gratitude and appreciation for our contributions to their events. We all felt very blessed to be able to support and participate in this worthwhile program.

## WELCOME (AND WELCOME BACK)!

New member, **Bonni Esquibel** and re-instated member, **Anne Riemann** took the CDA pledge at the beginning of this year and have been actively participating in many events! We are privileged to have them in our court.



I can't express how grateful I am to have served as your Regent for the past two years. I have seen our court grow in so many ways. We've won both CDA State and National awards in leadership and membership. We've refocused our efforts to reach

every spoke in the Circle of Love by raising funds and giving our time to others charitably. plus we are up-to-date on technology with having our reports easily available online, accepting credit cards through a smartphone and even having a Facebook page!

Our court has also grown in quality.

We've made some changes where our membership is near 100% participation whether they are involved with one or multiple events. We are recognized for that "CDA Touch" in every event we host. To our pleasure, we have welcomed new and returning

*Continued on page 2*

## REGENT'S LETTER

*Regent's Letter - continued from page 1*

members who have added a wonderful dimension to our organization.

Serving as your Regent has grown my spirituality, which I never expected. At the beginning of my term, I was honest about my struggle to find my spirituality beyond attending mass and praying the rosary. But now I realize what "let go and let GOD" means. Like many of you, I've considered myself a "worker bee" and would volunteer to chair and work events at notice. With the help of some great advice and self-reflection, I let go of my desire to control and handed the reigns over to court members so that they, too, may develop their leadership skills and become spiritually fulfilled. It was soon that I

realized that our court is a well-oiled machine, and can handle any task given to us!

Last, but not least, I would like to thank the officers who have said "yes" to another term and welcome our new Regent, Diana Garra. The court will be in good and competent hands in both experience and leadership.

Thank you all for making my term meaningful and successful. I look forward to watching our court blossom and hope that you, too, will have the opportunity to discover why God has placed you in CDA.

In Unity and Charity,

### Hand Them Out Like Candy!

Have you received your CDA business cards? If not, come to our meeting and collect your set! CDA cards are to be used when approaching a event or charity-related groups and sponsors and to give people who have never heard of CDA. Space is available on the back of the card so that you can write your name and a note. Spread the word!



### June Trunk Sale and E-Waste Drop Off

Spaces quickly sold out for our June 2nd "Junk from Your Trunk" sale. We couldn't have asked for a more beautiful day for our sale! CDA sold refreshments and once-loved treasures. Profits were \$620, not including proceeds from the E-waste. Our next trunk sale will be planned for Fall.



*Top: The Brown family enjoying Father's Day brunch.*

*Left: Grand Knight, Paul Melcher modeling his "CDA" tie.*

### Fathers "Tie" a Family Together

*By Melissa Hiatt*

Court Santa Sophia honored the fathers in the parish by serving a special brunch on Father's Day. Fathers were treated to a complimentary meal and were given a sugar cookie "tie on a stick" decorated in CDA colors. On the menu was Summer Frittata, roasted potatoes and fresh fruit. Hosting Father's Day brunch is truly a service and gift to our fathers more than a fund raiser.

I would like to thank Diana Garra and Cora McNamee-Lawson for helping with the cookie decor and wrapping, Chris Murphy and Cora, who helped with food prep on Saturday, and our food service volunteers: Dee Sanford, Claire Lake, Chris Murphy, Cora McNamee-Lawson, Carolyn Palm, Carmen Bauer, Bonni Esquibel, Carol Williams, Lou Turner and Melinda Bauers (my apologies if I forgot anyone). Your help really made the event wonderful!

## STATE AND NATIONAL NEWS

**Officers Workshop** for San Diego will be held on 8/18 from 9:00a.m. to 4:00p.m. at Holy Spirit Church, 2725 55th Street, 92105.

**The Madonna Manor Fundraiser** will be held on October 13 at Madonna Manor. Funds are needed for a new driveway, a backflow device and sturdy benches and armchairs with arm rests.

**Resolution About HHS Mandate:** At the March 2012 National Board Meeting a Resolution was passed by the Board that we pray one minute each evening for the safety of our troops, our citizens, peace in the world, and the Bible to remain the basis for laws governing our land.

**National CDA Sunday** is to be observed on October 21, 2012. The theme for this year is "With God All Things Are Possible" (Matthew 19:26) as we continue to pray for justice and peace for all God's people.

### Installation of Officers



*L-R: District Deputies Chris Murphy and Dee Sanford, Diana Garra, Melinda Bauers, Carol Williams, Pam Kay (standing in for Rebecca Kelly), Claire Lake.*

JUNE 30—The Installation of Officers for the Diocese of San Diego was at St. Mary Magdalene Catholic Church in Bay Park. Our new Regent, Diana Garra and returning officers, Claire Lake, Carol Williams, and Rebecca Kelly (with Pam Kay standing in) were installed as officers for the 2012-2014 term. The morning started with a beautiful Mass and Installation and a reception followed afterwards. District Deputies, Chris Murphy and Dee Sanford were in attendance to assist with the event. Thank you, Ct. Immaculata, for being such wonderful hostesses!

### 2012 Mystery Quilt Workshop to Benefit Project Handclasp's Women Empowerment



The second annual Mystery Quilt workshop will be held on Saturday, August 4, 2012 from 8:30 a.m. to 8:30 p.m. at Prendergast Hall. It is sure to be a day of fun, relaxation, stimulation, good food and plenty of time for sewing. It's every quilter's dream. A mystery quilt is one where you don't know what you are making until almost the end. You follow a series of instructions and techniques, then at the end of the day the quilt is revealed. Class size is limited to 30 people, and interested parties should be intermediate level sewers. The cost of the workshop plus three meals and a snack is \$75.00, of that \$60.00 is tax deductible. If you're not up for that, you can join us for lunch for only \$10.00. Immediately following lunch there will be a special treat; Catherine Hughes, part owner of Grand Country Quilts in San Marcos, will do a trunk show of her beautiful quilts. As an added bonus, four handsome gentlemen wearing white gloves and tuxedos will be holding the quilts for our viewing pleasure.



*Top to Bottom: Participants from the 2011 workshop piecing their mystery quilt, a beautiful breakfast is set for the class to enjoy, handsome gentlemen in white gloves displaying quilts from the trunk show.*

If you or someone you know is interested in the workshop or lunch and trunk show, please contact Pam Kay at 619-464-2009 or go to her website [FiberArtist.com](http://FiberArtist.com) and click on "classes."



# MEMBER SPOTLIGHT



The spotlight is on one of our Charter members, Elide Barker. Elide was born in Pozzuoli, Italy near Naples. She was educated there and attended the professional school, where she earned an international diploma. She is fluent in Italian, French and English. Elide is the second of five children born to her mother and father. She has one sister and two brothers, and one brother who died early in life. Her father died seven years ago. Her mother 83, lives in Verona in northern Italy with Elide's sister. One brother lives in her home town, the other lives in Rome.

After graduating from school, Elide worked in business for a lawyer. Twenty seven years ago she met a deployed Navy boy, Dave Barker at a party in Naples. It was love at first sight. Their relationship developed over the course of a year and then they got married. After that she moved with her husband Dave to Philadelphia, then to Norfolk, and finally to San Diego, and have been here for 25 years.

Elide's career in San Diego has been to raise their daughters, Valentina, 24 and Julia, 22 and to take care of her husband and the family home.

For hobbies she likes shopping, keeping a nice house, taking care of her girls, and she enjoys taking walks. She likes to cook Italian and enjoys light meals, but her husband Dave cooks the thanksgiving turkey. Elide travels frequently to Italy to visit her family there. She joined Catholic Daughters to take time to take care of herself, keep busy with the church, and to be with other women. She especially likes to have fun with the other ladies of the Court and volunteer for activities.

## UPCOMING EVENTS

### JULY

7/1, 7/8, 7/22, 7/29

9am-11am:

Serve donuts

12pm-1pm:

Serve donuts and hot dogs

### AUGUST

8/4 - 8:30am-8:30pm

Mystery Quilt Workshop and Trunk Show

8/18 - 9am-4pm

General Meeting in the Verhoeven Room

8/23 - 7pm

General Meeting in the Verhoeven Room

8/25 - 5:30pm

"Plum Tree" at the Academy Picnic



**Catholic Daughters of the Americas**

**Court Santa Sophia #2520**

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## Mission Statement

Catholic Daughters of the Americas strives to embrace the principal of faith through love in the promotion of justice, equality and the advancement of human rights and human dignity for all.

**Visit Court Santa Sophia's website at:**

[www.catholicdaughters.com](http://www.catholicdaughters.com)

**or the CDA National website at:**

[www.catholicdaughters.org](http://www.catholicdaughters.org)